**31st Annual Parish Nurse and Congregational Health Ministries Conference**

Dear Sisters and Brothers in Christ,

Welcome to our 31st annual conference! This year’s gathering is based on Colossians 3:12 *As God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness, and patience.*

As we prayerfully ask for compassion, kindness, humility, and patience, study His word, and follow His example, we know that our heavenly father has blessed us. We will serve our Heavenly Father in our churches and communities with compassionate service in our congregational health ministries.

This annual national gathering of nurses, pastors, lay ministers, and others is a true blessing. It helps us all focus on our calling to caring vocations, to share and tell the love of Christ, and to serve Him in all we do. It includes blessings to gain new knowledge, network with peers, and share resources to help us all develop new programs and ministries in congregational health.

If you cannot attend this year, I hope to see you at the 32nd annual conference in Mequon, WI on May 15-16, 2024. Our theme will be Caring Alongside: The Essence of Parish Nursing and Congregational Health Ministries. Galatians 6:2 *Carry each other’s burdens, and in this way you will fulfill the law of Christ.*

Your sister in Christ,

Carol Lueders Bolwerk, PhD, RN

Director of Parish Nursing

Concordia University

262-243-4233

Carol.luedersbolwerk@cuw.edu

**Concordia University Wisconsin**

CUW is located in Mequon, Wisconsin, 25 miles north of Milwaukee’s Mitchell International Airport.

**TRANSPORTATION:** Go RiteWay shuttle service is available from Mitchell International Airport to hotels. Call 1-800-236-5450 to make arrangements.

**DIRECTIONS –** Traveling on Interstate 43:

Construction continues – plan accordingly

**FROM THE SOUTH:**  Take Mequon Road Exit. Turn Left on Highway W (Port Washington Rd.). Turn right on W to Highland Rd. (2 miles), turn right on Highland, and cross the bridge to CUW on the left. 

**FROM THE NORTH**:

Take the Cedarburg Exit (Pioneer Rd/Highway C). Turn right off the ramp and a quick left onto Highway W (Port Washington Rd.). Go about 2 miles south and turn left onto Highland Rd. Cross the bridge to CUW on the left.

Once you enter the campus driveway, turn right at the Welcome Center stop sign, and follow the roadway to Lot A by the flagpole. Enter the Luther Administration Building and follow the conference signs.

**LODGING** within five miles *(please make your own reservations):*

* Baymont Inn & Suites

10330 N. Port Washington Rd., Mequon, WI

262-241-3677

* Hampton Inn & Suites

1385 Gateway Dr., Grafton, WI

262-474-1000

* Comfort Inn & Suites

1415 N. Port Washington Rd., Grafton, WI

262-387-1180

* TownePlace Suites

1601 Gateway Dr., Grafton, WI

262-618-8100

**DISABILITY?** Concordia is wheelchair accessible!

**Compassionate Service**

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**The 31st Annual Parish Nurse and Congregational Health Ministries Conference**

**May 17-18, 2023**

**Hosted by:**

**Concordia University Wisconsin**

**School of Nursing**

**12800 North Lake Shore Drive**

**Mequon, WI 53097**

**Dr. Carol A. Lueders Bolwerk,**

**Carol.luedersbolwerk@cuw.edu**

**262-243-4233**

**Wednesday, May 17, 2023**

**All sessions will be in Albrecht Hall**

**8 AM Registration** **&** **Welcome, LPNI Auction**

**8:30 AM Opening Prayer** – Rev. Joe Cottam

**8:30 AM** The Meros Center: A Research and Training Community for Christian Health Ministry – Jason Paltzer and Bill Meier

**9:30 AM Break**

**10 AM Chapel** - Chapel of Christ Triumphant

**10:30 AM** Building a Solid Foundation for Care through Joy Filled Self-Care – Carmen Stephens

**11:30 AM** Upheld by God’s Hand: Mental Health Outreach – Tiffany Manor

**12:25 PM Prayer** – Rev. Joe Cottam

**12:30 PM Lunch:** sponsored by Concordia Plan Services, St. Louis, MO

**1:30 PM** 8 Steps to Increasing Quality of Care and Decreasing Workload Stress Using Compassionate, Trained Volunteers – Karen Tripp

**2:30 PM Break**

**2:45 PM** Some-Day Jeans: Fitting into God’s Plans – Rev. Dan Paavola

**3:30 PM Closing** LPNI Auction items distributed

**Thursday, May 18, 2023**

**All sessions will be in Loeber Hall**

*Breakout sessions will be selected the day of conference.*

**8 AM** **Registration -** Loeber Hallway

**8:15 AM Session A:** Fall Prevention in the Community – Carmen Stephens, *LO 110*

 **Session B:**How Happiness Happens: Finding Lasting Joy – Barb Schroeder, *LO 112*

 **Session C:** The Days that Were Formed for Me – Tiffany Manor, *LO 118*

 **Session D:** Nursing the Suffering with Compassion –Rev.James Behringer, *LO 101D*

**9:00 AM Stretch Break**

**9:15 AM Session E:** Help Them Thrive – Rachel Greiner, *LO 101D*

 **Session F:** When Our Humanity Confines Our Compassion: Lessons from Scripture – Carol DeSchepper, *LO 110*

**Session G:** Lessons from the Pandemic Experience: Revisited – Marcia Schnorr and Carol Zimmermann, *LO 112*

 **Session H:** We Don’t Call Them Shut-Ins Anymore – Christie Hansard, *LO 118*

**10:15 AM Session I:** Networking Halfway Around the World: 2022 LPNI Australian Study Tour – Darlene Rueter, *LO 101D*

 **Session J:** Raising the Positive Energy of Your Home by Eliminating Toxic Elements – Marie Wiegert, *LO 110*

 **Session K:** 3 Simple, Effective Ways to Serve Long-term Patients and Caregivers – Karen Tripp, *LO 112*

 **Session L:** Parish Nursing: Managing Stress Before It Manages You – Kathy Zarling, *LO 118*

**11:15 AM Light Lunch Break:** sponsored by LPNI

**11:45 PM** **Session M:** Getting the Question Right: Survey Tips – Jason Paltzer and Bill Meier, *LO 101D*

 **Session N:** Be Well, Serve Well:Stress and Self-Care – Kelly Menke, *LO 110*

 **Session O:** Perceptions of Being Called to Nursing – Carol Lueders Bolwerk, Brenda Jobe, and John Dyson, *LO 112*

 **Session P:** Caring for the Heart of a Christian Woman – Kathy Zarling, *LO 118*

**12:45 PM Session Q:** Diabetes Medication and Treatment Overview – Elizabeth Deck, *LO 110*

 **Session R:** Journey of Gratitude – Barb Schroeder, *LO 112*

 **Session S:** How to Use Compassion Everyday – Heidi Then, *LO 118*

*Go now and praise the Lord for all our blessings, rejoicing always, praying continuously, and giving thanks in all circumstances.*

**Registration Form**

**Conference Schedule**

Name (*print clearly or paste address label here*):

Address:

City/State/Zip:

Phone:

Email:

Religious affiliation:

[ ]  Nurse [ ]  Clergy [ ]  Other

*Your name and address will be shared with participants.*

**PLEASE CHECK DAYS YOU WILL ATTEND**:

[ ]  Wednesday, May 17, 2023 $85.00

[ ]  Thursday, May 18, 2023 $85.00

[ ]  Special Clergy Rate – Full Conference $50.00

[ ]  LPNI Scholarships (*first-time attendees*): Four $250 scholarships are available for parish nurses from any Lutheran Synod. Email Marcy Schnorr for an application: marcyschnorr2009@gmail.com. Register for conference with full payment. You will be reimbursed after attending conference.

**TOTAL FEES ENCLOSED**: $

Fee includes all materials and food. Make checks payable to **Concordia University Wisconsin** (no credit cards, please). Send check and this form to:

*Dr. Carol Lueders Bolwerk*

*Concordia University Wisconsin*

*12800 North Lakeshore Drive*

*Mequon, WI 53097*

The CDC and CUW COVID-19 precautions will be followed.

***CANCELLATION:*** *A refund is available prior to May 1. Refunds will be from less than $50.00 per day.*