



Ghosted: Ministering to Estranged Parents

Presented By: Fe Anam Avis, Author and
Entrepreneurial Humanitarian

Program Description

Family estrangement in general and parental estrangement in particular is being recognized as an emerging public health problem in our society. Roughly 70 million persons over the age of 18 indicate they are estranged from a family member, and one in eight parent-adult child relationships is estranged. In this SPEAK Awareness Training for Faith Communities, participants will learn practical skills for making a life-changing difference for estranged parents and grandparents in their congregations and communities.

Fe Anam Avis was a researcher in the field of satellite reconnaissance, and former pastor for over twenty years. He now describes himself as an entrepreneurial humanitarian who has founded a home for HIV children in Honduras, led a Central American relief effort in the wake of Hurricane Mitch, developed a domestic violence intervention training titled *Breaking the Silence*, and began a suicide prevention movement called *Soul Shop*. In 2019, he founded PEAK: Parents of Estranged Adult Kids. He is the author of six books and multiple videos about parental estrangement, and has now worked with hundreds of estranged parents.

OBJECTIVES

By the close of this training, participants will be able to:

1. Define what we mean by parental estrangement.
2. Name a Biblical passage addressing estrangement (King David and son Absalom).
3. Articulate the characteristics of parental estrangement
4. Identify the various aspects of parental trauma
5. List solutions that do not work.
6. Identify possible indicators of an estranged parent
7. Engage an estranged parent in an affirming, healing conversation using the REACH model.
8. Assemble an estranged parent resource kit.

Date/Time: Thursday, January 18, 2024

3-5 pm AKT, 4-6 pm PT, 5-7 pm MT, 6-8 pm CT, 7-9 pm ET

Registration Fee: \$30 for LFCNA members/ \$50 for non-members

Group rates for multiple registrations from the same organization will be considered upon request

Contact hours provided: 2.0

TO REGISTER FOR THIS EVENT PLEASE FOLLOW THIS LINK: <https://lutheranfca.org/event-5489570>

This activity has been submitted to Montana Nurses Association for approval to award contact hours. Montana Nurses Association is accredited with distinction as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. To receive contact hours for this event, attendees must attend the entire event and submit a completed evaluation form.